The Seeker's Challenge
A 21-Day Journey to Deepen Your Spirituality

Journal Reflections - Day Two

aldea SPIRITUAL COMMUNITY love. period.

Never Arrive

Dave Fleming, Ph.D.

Lose Your Way - Venture Out

It's a dangerous business, Frodo, going out your door.
Bilbo Baggins, The Lord of the Rings

After listening to today's audio, reflect on today's challenge by pondering this question:

What must I leave in order to more fully venture out into the spirituality I desire?

- Take time to reflect and journal on this question and then make your choice
- Give the belief or behavior you wish to leave behind a name or a short description
- Consider what it will take to let it go of that belief or behavior
- Reflect on what you would hope to one day replace that belief or behavior with